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Again we take our pen in hand to tell the graduates near and far how things are going at M.E.S. And when we take our pen in hand, we expect you to get out your spectacles(!!) and read every word of the Letter, not merely news of the folk you know, but facts about the school that will keep you informed of its progress. Watch the next issue for "Your M.E.S. I.Q.!"

It has almost become a custom to tell, in the first issue of The News-of-the-School about the positions the graduates have obtained, and about the new students - where from and how many. Here is that information in a nutshell:

Positions held by the Class of 1938 -Y. W. C. A. 's

Edmonton, Alberta  
Guelph, Ontario  
Halifax, Nova Scotia  
Hamilton, Ontario (assistant)  
St. Thomas, Ontario  
Vancouver, B. C. (part-time)

Phyllis Goodfellow  
Muriel Nelles  
Phyllis Dean  
Marjorie Martin  
Margaret Quance  
Laura Kwan

Private Schools

Riverbend School, Winnipeg  
St. Anthony's College, Vancouver  
(part-time, academic  
" ", physical education)  
Seagates, Halifax (part-time)  
Hillside Preparatory School, Toronto

Peggy Anderson  
Marian Maynard, B.A.

Gwynneth Schenk  
Isabel Callan (Mrs. E. MacDonald)

Settlements and Recreation Centres

Canadian Women's Keepfit Movement,  
Toronto  
Central Neighbourhood House, Toronto  
Jewish Community Centre, Toronto  
St. Christopher House, Toronto  
British Columbia Recreation Centres,  
Vancouver

Margaret Jess  
Molly Dallas  
Rose Levy (part-time)  
Marjorie Leonard  
Lissen Glahn  
Letha Neilicke  
Laura Kwan (part time)

Student Teacher

Brescia Hall, London, Ont.

Jean Thomas

Changes in Positions for other graduates not mentioned in June News-of-the-School

Vernona Brigden '36 -  
Jane Ferguson '28 -  
Pearl Flatt '37 -  
Gladys Hanmer '33 -  
Viola Harvey '32 -

Y.W.C.A., Kitchener, Ont.  
Ottawa Ladies' College, Ottawa, Ont.  
Convent of the Sacred Heart, Cincinnati,  
(Ohio)  
Y.W.C.A.-Y.M.C.A. Sudbury, Ont.  
teaching in Milwaukee, Wisconsin

Beryl Henderson '32 - St. Anthony's College, Vancouver, B. C.  
 Katharine Mackenzie '35 - Y. W. C. A., Moncton, N. B. Y  
 Barbara McArel '36 - Crofton House School, Vancouver, B. C.  
 Elva Miller '27 Y. W. C. A., Cairo, Egypt  
 Bretta Powles '35 - Y. W. C. A., Regina, Sask. Y  
 Dorothy Allan '27 .. Y. W. C. A., Ottumwa, Iowa  
 Gladys Baker '31 - in addition to her secretarial work in the John Fisher School, is teaching swimming at Harbord and Oakwood Collegiates certain afternoons a week.  
 Jean Mooney '31 - is on full time now at the Western Canada High School, Calgary,  
 Mona Harper '37 - after completing her year's work at the Convent of the Sacred Heart in New Orleans, was head counselor at the Edgewater Camp on the Gulf coast for six weeks this summer.  
 Helen Edmunds '37 - is conducting classes in swimming for public school children at Humberside Collegiate under the Board of Education. (part-time)  
 Jean Mark '29, Arla McKay '31, Judith Gummer '32, Marjorie Campbell '33, Louise Dewar '34, Barbara Heseltine '34, Ruby Thomas '34, have all taken new "positions" and all the same kind of work - yes, you have guessed it, they have each undertaken the education (?) of one man!

Greetings to all alumnae, far and near! May you have a very happy, productive and successful year, whatever you are doing. Remember that we are always interested in the things you are doing, and would like to hear about them.

Florence A. Somers

#### NEWS NOTES, SOCIAL AND OTHERWISE:

We have not so many new students this year as we had last, but with a senior class of thirty-one and the junior class registering twenty-two, we still have a school of fifty-three which is not so bad! As usual they come from all over the country; Katharine Cumming from Halifax, (a pupil of Phyllis Wray '37 and Anne Maclean '29) and Betty MacKenzie from Westville, N. S.; Jessie McGibbon from Moore's Hill, N. B.; Diana Cameron from Long Island, N. Y., a former pupil at Bishop Strachan School; Joan MacMillan, a pupil of Flora Secord '34; Kathleen Light, from Falconbridge, Ontario and probably a pupil of Grace Craig '28; Mary Lunan from Kirkfield, Ontario and a pupil of Gladys Baker '31 at St. Margaret's School; Ann Bartlet from Windsor, Ontario - a pupil of yours, Shirley? - and three girls from Toronto, including two Tanamakoon campers of several years' standing, Edith Seixas, Peggy Wilkin and Mary Walker; Maryon Weiss from Winnipeg, Man.; Margaret May from Nipawin, Saskatchewan, and Elizabeth Black from Regina; Cecilia Swanson from Calgary, pupil of Kay Bird '37; Frances Greenway from Lethbridge and Ruth Woodsworth from Edmonton, all of Alberta; Jean Morrison from Rossland, B. C., Jean Meredith from Vancouver, a pupil of Gertrude Moore's at the University of British Columbia and a former counselor at her camp, Elizabeth Bleakney from Victoria, a "topper" at Gertrude Moore's camp, Moorecroft, Kathleen Staples from Duncan, B. C., a pupil of Mona Miller Tomlinson and finally Babs Heseltine's ('34) sister, Rosemary, from Yokohama, Japan. If I have left out "pupil of ...." when I should have put it in, please forgive me!

Later - Just discovered! Kathleen Light was also a counselor at Grace Craig's camp and Mary Lunan was a pupil of Theo Elmsley and Isabel Brown.

This year the students are taking their camp work at Tanamakoon. One of the girls she was so fond of being in the woods among the wild things (or words to that effect) that she did not mind sleeping in a tent or on the ground, but the luxury of cabins and cots made it a "little bit of heaven". Maybe she has changed her mind by this time. Rain, rain and more rain! Cold, colder and still colder! But as we go to press the sun has been shining for six days (in Toronto) and we are hoping that the bad weather just past will only make the last week of sunshine seem more wonderful. In addition to archery, canoeing, campcraft, camp education, and nature study, the students have had a course in pewter work given by Mr. Harold Stacey of the Central Technical School. Handicraft is a regular part of the course.

Most of the news of graduates, such as details regarding recent marriages etc., will appear in the Alumnae News Bulletin which will be published later, either by itself or in conjunction with the next News-of-the-School. There are one or two items of interest that should be noted however.

Elva Miller '27 sailed on August 16th for Cairo, Egypt, where she will take Kathleen Pepler's place in the Y.W.C.A. Kathleen is expected home sometime in October, Y

Molly Gordon Reid '30 of Helensburgh, Scotland, with her little daughter Elizabeth is visiting her mother in Dixie, Ont.

Gertrude Moore '12 has been appointed to the permanent staff of the University of British Columbia as director of physical education for women. "Dinty's" camp, "Moorecroft" is beautifully situated at Namoose Bay, seventeen miles from Nanaimo, Vancouver Island. This spring she added to her permanent equipment by building a very nice cabin for her youngest campers, the Tads.

Several of our graduates took summer courses this year ~~and~~ because we think you are interested in what your fellow graduates are doing, we have asked different ones to write something of their summer work at home or abroad for this News Letter. We appreciate very much the trouble the girls took to do this because they were asked on very short notice and at a very busy time.

#### The English-Scandinavian Summer School, 1938

##### The Place

In a quiet and lovely part of Kent, nine miles southeast of the city of Canterbury and close to the village of Nonington, lies St. Albans Court, the recently acquired permanent headquarters of the English-Scandinavian Summer School of Physical Education.

St. Albans Court is a large red brick and Kentish rag-stone house built on Tudor lines, but with such added modern advantages as central heating and an ample hot water supply. The main rooms, beautifully panelled, contain a number of portraits of the Hammond family whose home has been on the property for over 300 years. From the main terrace, or from the many bedroom windows, may be seen the estate in its fullest beauty. Fifty acres of park land, fine old trees, flower and vegetable gardens, the thatched roofs of the barns and the two delightful Tudor cottages, form a perfect setting for a summer school of physical education which is concerned with the harmonious development of both the body and the mind.

Fairly close to the house are four lawn tennis courts and the spacious playing fields will in time include an athletic track, games pitches and hard tennis courts. The gymnasium, begun the first week in May, was ready for use on July 27th and is acknowledged to be the finest of its kind in the country. Modern in style, and built

entirely of lumber, the wood having come from various parts of the Empire, the gymnasium is truly a beautiful building to work in and it is excellently equipped. One feature which deserves special mention is the amount of window space which means an abundance of light and fresh air. At the top end is an immense window made up of sixteen panels of glass reaching from the floor to a height of fourteen feet. Along each side are windows which extend one hundred feet (the entire length of the gymnasium) and are placed above the stall bars to where the curve of the roof begins. Each window is made to open easily and arranged so as to ensure a cross current of air. To illustrate the attention given to cleanliness, the entire building is heated by electricity and every girl must change her shoes outside the gymnasium door so as to keep the floor in excellent condition. By next summer, St. Alban's Court will have its own swimming pool, adequate for the teaching and practice of swimming and diving, up to Olympic Games standards.

- Doris Cambridge '33

#### The Course

The course was two and a half weeks long, and open not only to teachers of Physical Education, but to women interested in any branch of the work. The programme was arranged to include in the morning session, lectures and practical work in Gymnastics, Scandinavian folk dancing, minor organized games, and swimming. The afternoon, which was voluntary, was devoted to the coaching of games, such as hockey, net ball, lacrosse, cricket, rounders and tennis, as well as Greek Dancing. Of chief importance in the course were the gymnastics classes, based on the principles of Elli Björksten's modern teaching method. These were illustrated by demonstrations of exercises by the students from Finland, who had studied under Elli Björksten, herself.

During the last week of the course, a mass demonstration of gymnastics, dancing and games took place on the grounds, in which the whole school took part and to which friends and relatives of the students were invited.

- Margaret Woolaver '31

#### The People

The 16th Annual English-Scandinavian Summer School had eleven countries represented in its student body - Great Britain 140, Canada 12, Finland 5, Norway 5, United States 3, Sweden 3, Switzerland 2, Denmark 1, Germany 1, South Africa 1, and New Zealand 1. The Canadian group this year was the largest Canadian group so far; considering the variety in language and customs, every one seemed to get along very well. From our first meeting with some of the English girls on the train going out to the College, we found them very friendly and any feeling of being a foreigner in a strange land disappeared instantly. We were asked to wear our name and the country from which we had come on our tunics, so that we soon got each other straightened out. The Scots girls were fewer in number, but, we discovered, very friendly and helpful to the strangers. They possess a grand sense of humor and were excellent company.

The staff included Miss Gladys Wright, the Principal, recently resigned from Dartford College, who seems to be quite, quite sold on Scandinavian Gymnastics, and is almost a second Elli Björksten, and who, the rumour has it, is nicknamed Mother England. This is probably due to her efforts to revolutionize Gymnastics in England. Miss Wright had charge of the advanced classes, and from her teaching, we considered her a very strong personality and a splendid teacher. A special tea was organized

for the Canadians by Miss Wright, and it was at this meeting that many of us got to know the Staff better. Miss Stina Kreuger, a Swedish teacher, had the group for Gymnastics into which the Canadians were placed. Miss M. Haddelsay, in charge of games, with Miss Battley and Miss Kent assisting, gave us many good and hilarious hours in the games field and all three teachers were exhausted, trying to calm down the boisterous Canadians in their attempt to play net-ball. The game seemed to cramp our style considerably, since we are used to the less limited rules of basketball.

Miss E. Nordqvist, the Scandinavian dancing teacher, was a romantic figure in her national costume and kept us "on our toes" in the light and joyous folk dancing of the Scandinavian countries. Miss D. Tale took the Greek Dancing and all of us admired her for her informal attitude in teaching and for the results that she seemed to obtain. Several of us came away vowing to teach Greek Dancing this year. The swimming was handled by Miss Jean Parker, on the staff of Liverpool, and most of us decided that we had never seen anyone teach the theory of swimming with quite as much enthusiasm and with quite such results as were obtained through Miss Parker's classes. She inspired hope in the most hopeless.

- Helen Mackey '29

#### University of Wisconsin

Six weeks at the University of Wisconsin Summer School makes an ideal vacation. But perhaps you have quite decided your next summer is going to be a real holiday, a good time and everything that goes with it. That is easy - just forget about lectures after 12:30 and have your fun, swimming and diving, canoeing, sailing, riding, tennis, dancing, all at hand, and plenty of new friends to enjoy them with you.

On the other hand, you may be looking for new ideas, more skill in the dance or some sport, stimulation for your next year's work, or even, by and by, a university degree, and they too are yours for a little concentration. Both theory and practical courses are excellent in themselves but are made doubly valuable by the contacts you make with others in your profession. The students come from foreign countries as well as every state in the Union and the different types of teaching situations represented are, of course, innumerable. Those casual conversations which give you or someone else an idea for a troublesome teaching problem, a more broadening and clarifying insight into physical education and education, or even go so far as to settle world affairs, are, I have decided the reasons one goes to summer school.

Wisconsin, with work and play mixed in the proportion that suits you best, is a very grand thing, and next best to M. E. S. !

- Helen Ricker '37

#### University of Washington

The Seattle summer course was very much worth while. It was particularly helpful in the type of work I do in the Western Canada High School.

The summer session consists of two terms, June 20 - July 20 and July 20 - August 20. The first term offered courses in the teaching of Basketball and Baseball (Girls' Rules) including, coaching, refereeing, skills and achievement tests; Folk Dancing, many excellent dances of the various countries as well as a study of

the costumes, customs etc.; the Martha Graham technique of the Modern Dance which was most inspiring. The technique is given in the first term and the Dance Composition in the second term. These were the three courses I selected. There were also courses in Posture Training, Tap Dancing and the Teaching of Badminton, Tennis and Swimming.

With the exception of Modern Dance Technique which gives 5 credits, they are 3 credit courses towards your B. Sc. degree. They do not teach any gymnastics at the Universities. The majority of the girls in the classes were Physical Directors in High Schools and they use Baseball, Volleyball and Basketball skills and Folk Dancing almost exclusively in their classes. The girls who had taken Modern Dancing used that technique in the place of Gymnastics. I have been trying this out this year and the students are most enthusiastic about it.

I have not worked as hard since I left Margaret Eaton as I did down there but when it was all over I felt that it had been well worth while. I am thinking of going back each summer to continue work on a degree.

- Jean Mooney '31

#### TEACHERS, ATTENTION!

Have you ever taught the King of the Barbarees given in Dorothy La Salle's "Rhythms and Dances for Elementary Schools"? Some one who saw the juniors do it at our demonstration in the spring, was so taken with it that she used it at summer school this year, and she says "it went over big"!

The folk dances given at the demonstration were taken from the book of German Folk Dances, compiled by Paul Dunsing and published by Gretel Dunsing, 4712 North Hermitage Avenue, Chicago, Illinois. Price: \$1.75.

Some books the staff recommend for your physical education library:-

Active Games and Contests	Mason and Mitchell	\$3.00
Social Games for Recreation	" " "	2.50
The Game Way To Sports	H. Atwood Reynolds	2.00
Swimming Simplified (revised)	Lyba and Nita Sheffield	2.00
The Conduct of Physical Education	Mabel Lee	3.00

All published by the A.S. Barnes Co.; Canadian agents, The Geo. M. Hendry Co., 129 Adelaide Street, W., Toronto.

Attention should also be called to the fact that the official games handbooks are now published by the A. S. Barnes Co., instead of by A. G. Spalding & Bros. See the October issue of The Journal of Health and Physical Education for special announcement.

Don't forget the Alumnae Refresher Course to be given sometime between Christmas and New Year's. Detailed information about it will be sent to you later, but in the meantime make your plans to attend.

Charlotte H. Layton



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